



Sea to Sky Orthopaedics Athletic Injuries and Arthroscopy
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Dear Patient:

Dr. Brooks-Hill/Dr. Clark has advised that you have an MRI (Magnetic Resonance Imaging examination).

The MRI can be used to correlate information with clinical evidence and/or to assist in surgical planning. The scan can highlight many things that can not be seen on x-ray.

In preparation for the exam the nurse or technologist may use straps or bolsters to help you remain motionless. You will then be placed in a large tube, with a diameter of 2 feet, for the exam. It can be loud and some patients have experienced anxiety which can cause you to move and reduce the clarity of the images. A sedative can be prescribed if you think you may have difficulty lying still in this scenario.

Please ensure that you have completed the MRI medical questionnaire correctly as it is an important screening tool to determine if you have metal in your body and could be at risk during this high frequency magnetic exam.

Occasionally, Dr. Brooks-Hill/Dr. Clark recommends an MR Arthrogram which requires the use of contrast dye. This type of exam is only indicated in certain cases. Because there are two parts to this exam, it may take longer to schedule this type of exam.

Pregnant women are normally advised not to have an MRI. A pregnancy test can be arranged if you suspect you are pregnant.

The Sea to Sky Orthopaedics administrative office will be ordering the examination. You will be contacted when an appointment time comes available either by the hospital or our office. For an **elective** examination the average wait time at most facilities is 8-52 weeks. Your requisition is triaged by the MR department's radiologist, which unfortunately means our administrative office have no control over the timing of your exam.

If you wish to expedite your examination and have it done at a private MRI clinic, please contact our office to confirm the quality of the scanner. Your examination may be done at a private clinic if:

- 1) You choose to pay for the examination (our office can assist you with the arrangements), or
- 2) You have private insurance that will pay for the examination (our office can assist you with the arrangements), or
- 3) WorkSafeBC approves you for an expedited examination (WorkSafeBC will likely contact you within a few weeks).

If you have any concerns please contact the Sea to Sky Orthopaedics administrative office at (604) 905-4075.

Sincerely,

Sea to Sky Orthopaedics